

Premium Bloomer

V	Cheddar Ploughman's	£5.65
V	Free Range Egg and Spinach	£5.65
	Ham, Cheddar & Tomato Chutney	£5.65
	Tuna Salad	£5.65

Deli Sandwich

V	Egg Mayonnaise and Cress (GF option available)	£4.65
	Bacon, Lettuce and Tomato	£4.65
	Ham and Cheddar Cheese	£4.65
	Tuna Mayonnaise and Sweetcorn	£4.55
V	Cheese Ploughman's	£4.65
GF	Herby Lemon Chicken	£4.75
V	Cheese and Onion	£4.55
VG	Mediterranean Cheeze	£4.75
	Chicken Salad	£4.75

Wraps

	Tuna Crunch	£5.55
	Southern Fried Chicken	£5.65
	BBQ Pulled Pork	£5.65
VG	Sweet and Sour Tofu	£5.65

Sub Rolls

	Ham, Cheese and Pickle	£5.65
	Chicken Mayonnaise and Bacon	£5.65

Allergens:

If you require information regarding the presence of allergens in any of our food or drink, please ask. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients.

GF Gluten is not an ingredient

VG Vegan

V Vegetarian

Salad Bowls

VG	Falafel and Tomato Salad	£6.55
	Caprese Style Chicken Salad	£6.55
VG	Mexican Burrito Bowl	£6.55

Snacks

VG GF	Fresh Fruit Pot	£2.55
V	Nature Valley Oats & Honey Bar	£2.25
GF	Handmade Cake Company Chocolate Brownie	£3.55
VG GF	Fairfield's Farm Crisps	£1.55
V	Kit Kat Chunky	£1.15
VG GF	Animal Adventure Crisps	£1.25
VG GF	Freddies Farm Fruit Shapes	£1.75

Drinks

	Pepsi 330ml	£2.75
	Pepsi Max 330ml	£2.50
	Tango Orange 330ml	£2.50
	7up 330ml	£2.50
	Radnor Water 330ml	£2.50
	Radnor Juice 200ml	£1.80
	Renegade Lager 330ml 4.1% abv	£5.00
	Thatcher's Haze Cider 440ml 4.5% abv	£5.50
	Peroni 0%	£5.00
	Thatcher's Zero %	£5.50
	Jimmy's Iced Coffee 275ml	£4.50



The OUTPOST